



LIFE DIVAS™

**CREATING A “LIFE PURPOSE” STATEMENT  
ONE THAT IS “WORTHY OF WHO YOU ARE!”**

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*This exercise is designed to promote self-awareness and create balance in your life. List the 10 most satisfying experiences in your life, highlighting those that carry special meaning, fulfillment and passion for you. Identify the common themes or threads that emerge. These experiences can become the building blocks for professional and personal goals and success.*

*As you change, renew, reinvent and become more of who you are, you may want to edit or redesign your mission to fit who you are, but even more importantly, who you desire to become as you grow on your individual journey. This exercise can be done on an annual basis or as often as you like to assist you to stay “ON PURPOSE” in your life.*

**MY 10 MOST MEANINGFUL LIFE EXPERIENCES:**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.